



PERSONALITY TEST:
How to Understand Others by Understanding Yourself

Directions—In each of the following rows of four words across, place an X in front of the one word that most often applies to you. Continue through all forty lines; be sure each number is marked. If you are not sure which word “most applies,” ask a spouse or a friend, and think of what your answer would have been when you were a child.

STRENGTHS

- | | | | |
|----------------------|----------------------|------------------|-------------------|
| 1 ___ Adventurous | ___ Adaptable | ___ Animated | ___ Analytical |
| 2 ___ Persistent | ___ Playful | ___ Persuasive | ___ Peaceful |
| 3 ___ Submissive | ___ Self-sacrificing | ___ Sociable | ___ Strong-willed |
| 4 ___ Considerate | ___ Controlled | ___ Competitive | ___ Convincing |
| 5 ___ Refreshing | ___ Respectful | ___ Reserved | ___ Resourceful |
| 6 ___ Satisfied | ___ Sensitive | ___ Self-reliant | ___ Spirited |
| 7 ___ Planner | ___ Patient | ___ Positive | ___ Promoter |
| 8 ___ Sure | ___ Spontaneous | ___ Scheduled | ___ Shy |
| 9 ___ Orderly | ___ Obliging | ___ Outspoken | ___ Optimistic |
| 10 ___ Friendly | ___ Faithful | ___ Funny | ___ Forceful |
| 11 ___ Daring | ___ Delightful | ___ Diplomatic | ___ Detailed |
| 12 ___ Cheerful | ___ Consistent | ___ Cultured | ___ Confident |
| 13 ___ Idealistic | ___ Independent | ___ Inoffensive | ___ Inspiring |
| 14 ___ Demonstrative | ___ Decisive | ___ Dry Humor | ___ Deep |
| 15 ___ Mediator | ___ Musical | ___ Mover | ___ Mixes easily |
| 16 ___ Thoughtful | ___ Tenacious | ___ Talker | ___ Tolerant |
| 17 ___ Listener | ___ Loyal | ___ Leader | ___ Lively |
| 18 ___ Contented | ___ Chief | ___ Chartmaker | ___ Cute |
| 19 ___ Perfectionist | ___ Pleasant | ___ Productive | ___ Popular |
| 20 ___ Bouncy | ___ Bold | ___ Behaved | ___ Balanced |



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WEAKNESS

- | | | | |
|----------------------|-----------------------|--------------------|--------------------|
| 21___ Blank | ___ Bashful | ___ Brassy | ___ Bossy |
| 22___ Undisciplined | ___ Unsympathetic | ___ Unenthusiastic | ___ Unforgiving |
| 23___ reticent | ___ Resentful | ___ Resistant | ___ Repetitious |
| 24___ Fussy | ___ Fearful | ___ Forgetful | ___ Frank |
| 25___ Impatient | ___ Insecure | ___ Indecisive | ___ Interrupts |
| 26___ Unpopular | ___ Uninvolved | ___ Unpredictable | ___ Unaffectionate |
| 27___ Headstrong | ___ Haphazard | ___ Hard to Please | ___ Hesitant |
| 28___ Plain | ___ Pessimistic | ___ Proud | ___ Permissive |
| 29___ Angered easily | ___ Aimless | ___ Argumentative | ___ Alienated |
| 30___ Naive | ___ Negative attitude | ___ Nervy | ___ Nonchalant |
| 31___ Worrier | ___ Withdrawn | ___ Workaholic | ___ Wants credit |
| 32___ Too sensitive | ___ Tactless | ___ Timid | ___ Talkative |
| 33___ Doubtful | ___ Disorganized | ___ Domineering | ___ Depressed |
| 34___ Inconsistent | ___ Introvert | ___ Intolerant | ___ Indifferent |
| 35___ Messy | ___ Stubborn | ___ Mumbles | ___ Manipulative |
| 36___ Slow | ___ Moody | ___ Show-off | ___ Skeptical |
| 37___ Loner | ___ Lord over others | ___ Lazy | ___ Loud |
| 38___ Sluggish | ___ Suspicious | ___ Short-tempered | ___ Scatterbrained |
| 39___ Revengeful | ___ Restless | ___ Reluctant | ___ Rash |
| 40___ Compromising | ___ Critical | ___ Crafty | ___ Changeable |



PERSONALITY SCORING SHEET

Now transfer all your X's to the corresponding words on the Personality Scoring Sheet and add up your totals.

For example, if you checked Animated on the profile, check it on the scoring sheet.

(Note: The words are in a different order on the profile and the scoring sheet.)

STRENGTHS

<u>Popular Sanguine</u>	<u>Powerful Choleric</u>	<u>Perfect Melancholy</u>	<u>Peaceful Phlegmatic</u>
1 ___ Animated	___ Adventurous	___ Analytical	___ Adaptable
2 ___ Playful	___ Persuasive	___ Persistent	___ Peaceful
3 ___ Sociable	___ Self-Strong-willed	___ Self-sacrificing	___ Submissive
4 ___ Convincing	___ Competitive	___ Considerate	___ Controlled
5 ___ Refreshing	___ Resourceful	___ Respectful	___ Reserved
6 ___ Spirited	___ Self-reliant	___ Sensitive	___ Satisfied
7 ___ Promoter	___ Positive	___ Planner	___ Patient
8 ___ Spontaneous	___ Sure	___ Scheduled	___ Shy
9 ___ Optimistic	___ Outspoken	___ Orderly	___ Obliging
10 ___ Funny	___ Forceful	___ Faithful	___ Friendly
11 ___ Delightful	___ Daring	___ Detailed	___ Diplomatic
12 ___ Cheerful	___ Confident	___ Cultured	___ Consistent
13 ___ Inspiring	___ Independent	___ Idealistic	___ Inoffensive
14 ___ Demonstrative	___ Decisive	___ Deep	___ Dry Humor
15 ___ Mixes easily	___ Mover	___ Musical	___ Mediator
16 ___ Talker	___ Tenacious	___ Thoughtful	___ Tolerant
17 ___ Lively	___ Leader	___ Loyal	___ Listener
18 ___ Cute	___ Chief	___ Chartmaker	___ Contented
19 ___ Popular	___ Productive	___ Perfectionist	___ Pleasant
20 ___ Bouncy	___ Bold	___ Behaved	___ Balanced

TOTAL STRENGTHS



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WEAKNESSES

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21___ Brassy	___ Bossy	___ Bashful	___ Blank
22___ Undisciplined	___ Unsympathetic	___ Unforgiving	___ Unenthusiastic
23___ Repetitious	___ Resistant	___ Resentful	___ Reticent
24___ Forgetful	___ Frank	___ Fussy	___ Fearful
25___ Interrupts	___ Impatient	___ Insecure	___ Indecisive
26___ Unpredictable	___ Unaffectionate	___ Unpopular	___ Uninvolved
27___ Haphazard	___ Headstrong	___ Hard to Please	___ Hesitant
28___ Permissive	___ Proud	___ Pessimistic	___ Plain
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39___ Restless	___ Rash	___ Revengeful	___ Reluctant
40___ Changeable	___ Crafty	___ Critical	___ Compromising

TOTAL WEAKNESSES



PERSONALITY SCORING SHEET

This test is very easy to interpret. Once you've transferred your answers to the scoring sheet, added up your total number of answers in each of the four columns, and added your totals from both the strengths and weaknesses sections, you'll know your dominant personality type (and least dominant type). You'll also know what combination you are.

****Note:** As Christians, and especially as Christian leaders, we should use personality tests to better understand ourselves and others. They are not intended to lock us in to one particular personality. i.e. We are not allowed to blame our sin on our personality type. We are not slaves to our personality, we are slaves to Christ. If Christ is changing us day by day, He will sand away our rough edges so that we will become more like Him.**